



Steiner Institute Healing Retreat | 2026

## Reconnect. Restore. Remember.

Join us for five days of restoring, exploring, and reconnecting to the deeper currents of vitality within.

Guided by *Rebecca Steiner* and the Steiner Institute, this healing retreat weaves body-centered movement, mindful presence, and heartfelt integration. Nestled in the serene natural beauty of Cedarbrake Retreat Center, you are invited to slow down, listen deeply, and restore the essential threads of wholeness.

May 22nd - 27th, 2026

Cedarbreak | Temple TX

*Join me in the Silence*

Inquire at the front desk or with Elee to reserve your space today.  
512-865-0709 | [info@steinerinstitute.com](mailto:info@steinerinstitute.com)



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